

August 2023



HOME



## TOP NEWS



## PONOKA MINOR HOCKEY ASSOCIATION NEWSLETTER

### PMHA 2023-2024 SEASON STARTS SEPTEMBER 5, 2023

Welcome back PMHA families for the 2023/2024 hockey season. We are excited to have everyone back on the ice for another season. We are starting our season kicking off on September 6th.

### CALLING ALL COACHES!

If you just are interested in coaching or on ice volunteers to please register on the Ponoka Minor Hockey Website under the drop down menu "forms" then select "coaching application" or the link for the application is: [ponokaminorhockey.ca/content/coaching-application](http://ponokaminorhockey.ca/content/coaching-application)

PMHA will reimburse you the cost of your coaching courses.

if you are a returning coach, or assistant, remember to check that your coaching courses are still valid. If you have any questions, please contact Registrar Jessica.



# PONOKA MINOR HOCKEY ASSOCIATION

## 2023/2024 REGISTRATION INFORMATION

Are you registered for Ponoka Minor Hockey for the Fall 2023-2024 Season?

Registration should be done as soon as possible, as some age divisions are all ready full but the Registrar can assist you to discuss options to try to ensure that all players wanting to play can play.

**To Register:** <http://www.ponokaminorhockey.ca/content/registration>



# PONOKA MINOR HOCKEY ASSOCIATION

## 2023/2024 REGISTRATION INFORMATION

U5 (2019 and younger) 350.00  
DOB 01/01/2019 - 12/31/2021

U7 (2017-2018) 575.00  
DOB 01/01/2017 - 12/31/2018

U9 (2015-2016) 805.00  
DOB 01/01/2015 - 12/31/2016

U11 (2013-2014) 1065.00  
DOB 01/01/2013 - 12/31/2014

U13 (2011-2012) 1095.00  
DOB 01/01/2011 - 12/31/2012

U15 (2009-2010) 1150.00  
DOB 01/01/2009 - 12/31/2010

U18 (2006-2008) 1180.00  
DOB 01/01/2006 - 12/31/2008

100.00 registration late fee after  
Aug 31 for returning players

Payment plans available by  
contacting the Registrar

Registration E-Transfers can  
be sent to:

[pmhatreasurer2019@gmail.com](mailto:pmhatreasurer2019@gmail.com)

**MAKE SURE YOUR PLAYERS EQUIPMENT  
IS READY TO GO! TRY IT ON EARLY  
CLICK HERE FOR AN EQUIPMENT CHECKLIST**  
[HTTP://WWW.PONOKAMINORHOCKEY.CA/CONTENT/NEW-TO-HOCKEY](http://www.ponokaminorhockey.ca/content/new-to-hockey)

We understand that having a child play hockey can be a financial burden on many families. There are many organizations that can assist with the cost of playing hockey, either by covering full or partial registration fees, or by providing equipment. Look into the options below by clicking on any of the links

**Kidsport / Edmonton Oilers Community Foundation**

<https://kidsportcanada.ca/alberta/hap/>

**Hockey Canada**

<https://assistfund.hockeycanadafoundation.ca/en/index.html>

**Jumpstart**

<https://jumpstart.canadiantire.ca/pages/individual-child-grants>



# REFEREE CLINICS AND TRAINING

**WE NEED YOU!!!**

**WE ARE IN NEED OF MORE REFEREES FOR THE UPCOMING SEASON. REFEREES CAN START AT THE AGE OF 13 (MUST BE 13 YEARS OLD AS OF DECEMBER 31 OF CURRENT SEASON**

**OFFICIALS ARE PAID BETWEEN \$20-\$50 PER GAME, DEPENDING ON THE LEVEL OF GAME BEING OFFICIATED.**

This year's referee clinic will be held on September 10th from 8am-5pm at the Ponoka Arena.

To register for any of the below clinics, please click on the below link which will take you directly to the appropriate clinic registration.

Any new officials wanting to get started will need to do the Hockey University online course. The following website gives instructions on getting setup and starting that course. This isn't required for any returning officials

Hockey University

<https://officials.hockeyalberta.ca/register/become-an-official-return/>





## 2023/24 CAHL SEASON DATES

Tiering Break  
November 10-12, 2023

Christmas Break  
December 18, 2023- January 4,  
2024

U9 & U11 weekend's off  
November 10-12, 2023 &  
February 16-19, 2024

# CAHL 2023/24 SEASON INFO

As a reminder or info for new members, Ponoka Minor Hockey Association and its male/co-ed teams (U9-U18) are members of and play in the Central Alberta Hockey League (CAHL).

We would like to remind Parents, Guardians, grandparents, sisters, brothers, coaches, assistant coaches, on ice helpers, board members, former hockey players, current hockey players and everyone else, that all concerns or issues in regard to CAHL league rules, policies, issues, suspensions, fines, etc. are to be only directed to Ponoka Minor Hockey Association CAHL Director, PMHA President Peter Hillier (presidentpmha@gmail.com). If any member or family/friend/associate of a PMHA member bring a complaint directly or reach out directly to CAHL or their executive, CAHL has informed PMHA that we will be fined. Accordingly, the team that the PMHA member or PMHA's family/friend/associate that the complaint originated from directly to CAHL or its executive, will pay that CAHL fine for not following the proper channels. Please follow the CAHL and PMHA policy requiring a 24 hour cool down period before bringing any complaint forward. Once a complaint in regard to CAHL has been filed with PMHA CAHL director, the PMHA CAHL director will then bring the complaint forward to CAHL once all information and facts are received.



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**PONOKA MINOR HOCKEY  
2023/24**

**TENTATIVE ICE SCHEDULE  
AS OF AUGUST 26, 2023  
(ALL ICE TIMES WILL BE  
SUBJECT TO CHANGE DAILY)**

**TO KEEP THE MOST UP TO DATE  
SCHEDULE, PLEASE CHECK OUR  
WEBSITE**

**[HTTP://WWW.PONOKAMINOR  
HOCKEY.CA/](http://www.ponokaminorhockey.ca/)**

**THE COACHING  
COORDINATORS WILL BE  
CONTACTING YOU!**

**IF YOU HAVE NOT HEARD FROM  
THEM BY THE END OF AUGUST  
PLEASE VISIT THE PMHA  
WEBSITE TO FIND THE  
COACHING CORDINATOR  
CONTACT EMAIL FOR YOUR  
DIVISION.**

**TUESDAY SEPTEMBER 5, 2023:**

**5PM-6PM - U9 PRESKATE #1 (GROUP A) (SMALL ICE)  
6:15-7:15 PM - U9 PRESKATE #1 (GROUP B) (SMALL ICE)  
7:30-8:30PM - U13 SKATE #1(GROUP A) (SMALL ICE)  
7:45PM-8:45PM U13 SKATE #1(GROUP B) (LARGE ICE)  
9PM - 10PM - U18 (LARGE ICE)**

**WEDNESDAY SEPTEMBER 6, 2023:**

**4:30 PM-5:30 U9 PRESKATE #2 (GROUP A) (SMALL ICE)  
5:45PM - 6:45PM U11 PRE SKATE #1 (GROUP A) (SMALL ICE)  
7PM-8PM - U11 PRE SKATE #1 (GROUP B) (SMALL ICE)  
6:15PM - 7:15PM - U13 SKATE #2 (GROUP A) (LARGE ICE)  
7:30PM-8:30PM U15 SKATE #1 (GROUP A)(LARGE ICE)**

**THURSDAY SEPTEMBER 7, 2023:**

**5:30PM-6:30PM - U9 PRESKATE #2 (GROUP B) (SMALL ICE)  
6:30PM-7:30PM - U13 SKATE #2 (GROUP B) (SMALL ICE)  
7:30PM-8:30PM U13 SKATE #3(GROUP A) (LARGE ICE)  
7:45PM-8:45PM - U15 SKATE #1 (GROUP B) (SMALL ICE)  
8:45PM-9:45PM U18 (LARGE ICE)**

**FRIDAY SEPTEMBER 8, 2023:**

**6:15PM - 7:15PM U11 PRE SKATE #2 (GROUP A) (LARGE ICE)  
7:30PM-8:30PM U11 PRE SKATE #2 (GROUP B) (LARGE ICE)**

**MONDAY SEPTEMBER 11, 2023:**

**5:30PM-6:30PM U9 PRESKATE # 3 (GROUP A) (SMALL ICE)  
6:45 PM-7:45 PM U9 PRESKATE #3 (GROUP B) (SMALL ICE)  
8PM-9PM - U13 SKATE # 3 (GROUP A) (SMALL ICE)  
5:30PM - 6:30PM - U11 PRE SKATE #3 (GROUP A) (LARGE ICE)  
6:45 PM-7:45 PM - U15 SKATE #2 (GROUP B) (LARGE ICE)**

